

2019



St. Helen Lunch Menu for September

Lunch Prices

Student.....\$3.50

Adult.....\$

Please make checks out to:

"St Helen School"

**All Student lunches
come with:
1% white milk or skim
flavored milk**

Salads

*Crispy Chicken, Chef,
Grilled Chicken or
Taco Salad....\$3.50*

A La Carte

*Ice Cream Novelty .85- 1.00
Assorted Milk .75
Cheeseburger 1.75
Assorted Snacks .50- 1.00*

Seasonal Fruit for September:

Watermelon

Call Cindy @ 440-564-7125 or
email at cwozniak@sthelen.com
With any questions that you may
have.

This institution is an equal
opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Labor Day No School	French Toast w/ Sausage or Chicken Quesadilla carrots & dip diced potatoes strawberries	Spaghetti w/ Meatsauce & Garlic Breadstick or Chicken Quesadilla carrots pears	Chicken Parm Sandwich or Chicken Quesadilla chickpea salad tator tots peach crisp	Cheese Pizza or Chicken Quesadilla romaine salad veggies & dip mixed fruit
9	10	11	12	13
Chicken Nuggets or Sloppy Joe Sandwich green beans nacho chips & salsa peaches	Pancakes w/Canadian Bacon or Sloppy Joe Sandwich carrots & dip potato triangles apple slices	Ultimate Chicken Nacho or Sloppy Joe Sandwich red beans and rice broccoli pears	Mini Corn Dogs or Sloppy Joe Sandwich baked beans fries cherry crisp	Pepperoni Pizza or Sloppy Joe Sandwich romaine salad veggies & dip apricots
16	17	18	19	20
Chicken Strips or Hot Ham Sandwich green beans cinnamon chips fruit salsa	Waffles w/ Sausage or Hot Ham Sandwich carrots & dip diced potatoes strawberries	Penne w/ Meatballs & Garlic Breadstick or Hot Ham Sandwich carrots peaches	Cheese Breadsticks or Hot Ham Sandwich chickpea salad sweet potato fries apricot crisp	Cheese Pizza or Hot Ham Sandwich romaine salad veggies & dip mixed fruit
23	24	25	26	27
Popcorn Chicken or BBQ Pork Sandwich green beans mashed potato & gravy pears	Chocolate Chip Pancakes w/ Canadian Bacon or BBQ Pork Sandwich carrots & dip potato roasters apple slices	Ultimate Beef Nacho or BBQ Pork Sandwich red beans & rice broccoli apricots	Crispy Chicken Sandwich or BBQ Pork Sandwich baked beans mac & cheese peach crisp	Pepperoni Pizza or BBQ Pork Sandwich romaine salad veggies & dip mixed fruit
30	1	2	3	4
Chicken Nuggets or Chicken Fajita green beans nacho chips & salsa apricots	French Toast w/ Sausage or Chicken Fajita carrots & dip potato triangles strawberries	Rotini w/ Meatballs & Garlic Breadstick or Chicken Fajita peas pears	Loaded Baked Potato or Chicken Fajita baked beans fries cherry crisp	Cheese Pizza or Chicken Fajita romaine salad veggies & dip mixed fruit