

2021



St. Helen Lunch Menu for Oct/Nov

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|--|
| 25 Cheese Breadsticks or Chicken Fajita green beans fries pears | 26 Waffles w/ Sausage or Chicken Fajita carrots & dip diced potatoes strawberries | 27 Spaghetti w/ Meatsauce & Garlic Breadstick or Chicken Fajita corn applesauce | 28 Cheese Pizza or Chicken Fajita romaine salad veggies & dip mixed fruit | 29 No School |
| 1 Chicken Nuggets or Grilled Cheese Sandwich green beans nacho chips & salsa pears | 2 Chocolate Chip Pancakes w/ Canadian Bacon or Grilled Cheese Sandwich carrots & dip potato triangle apple slices | 3 Ultimate Beef Nacho or Grilled Cheese Sandwich red beans and rice broccoli peaches | 4 Crispy Chicken Sandwich or Grilled Cheese Sandwich baked beans tater tots blueberry crisp | 5 Pepperoni Pizza or Grilled Cheese Sandwich romaine salad veggies & dip applesauce |
| 8 Chicken Strips or Chicken & Dumplings green beans/chickpea salad cinnamon chips fruit salsa | 9 French Toast w/ Sausage or Chicken & Dumplings carrots & dip potato wedges strawberries | 10 Penne w/ Meatballs & Garlic Breadstick or Chicken & Dumplings peas peaches | 11 Mini Corn Dogs or Chicken & Dumplings baked beans sweet potato fries cherry crisp | 12 Cheese Pizza or Chicken & Dumplings romaine salad veggies & dip applesauce |
| 15 Popcorn Chicken or BBQ Pork Sandwich green beans mashed potatoes & gravy applesauce | 16 Pancakes w/Canadian Bacon or BBQ Pork Sandwich carrots & dip potato triangle apple slices | 17 Ultimate Chicken Nacho or BBQ Pork Sandwich red beans and rice broccoli peaches | 18 Pepperoni Breadsticks or BBQ Pork Sandwich baked beans fries peach crisp | 19 Pepperoni Pizza or BBQ Pork Sandwich romaine salad veggies & dip mixed fruit |
| 22 Chicken Nuggets or Turkey Wrap green beans nacho chips & salsa pears | 23 Waffles w/ Sausage or Turkey Wrap carrots & dip potato wedges strawberries | 24 No School | 25 Happy Thanksgiving | 26 No School |

Lunch Prices

Student.....\$ *FREE

Adult.....\$3.55 wo/drink

Please make checks out to:

"St Helen School"

All Student lunches

come with:

1% white milk or skim
flavored milk

Salads

*Crispy Chicken, Chef,
Grilled Chicken or
Taco Salad....\$ *FREE*

A La Carte

*Assorted Milk .75
Cheeseburger 1.75
*Student Lunches Are Free
Until the end of the school year.*

Seasonal Fruit for October:

Seasonal Fresh Fruit

Call Cindy @ 440-564-7125 or
email at cwozniak@sthelen.com
With any questions that you may
have.

This institution is an equal
opportunity provider