

# 2024



## St. Helen Lunch Menu for Nov/Dec

Lunch Prices  
 Student.....\$4.00  
 Adult.....\$4.85

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>4</b> Chicken Strips or Grilled Chicken Wrap green beans/chickpea cinnamon chips fruit salsa	<b>5</b> Pancakes w/ Sausage Links or Grilled Chicken Wrap carrots & dip potatoe wedges apricots	<b>6</b> Rotini w/ Meatballs & Garlic Breadstick or Grilled Chicken Wrap peas applesauce	<b>7</b> Cheese Pizza or Grilled Chicken Wrap romaine salad veggies & dip mixed fruit	<b>8</b> <b>No School</b>
<b>11</b> Popcorn Chicken or Grilled Cheese Sandwich green beans mashed potatoes & gravy applesauce	<b>12</b> Waffle w/ Sausage or Grilled Cheese Sandwich carrots & dip diced potatoes strawberries	<b>13</b> Ultimate Beef Nacho or Grilled Cheese Sandwich black beans and rice broccoli peaches	<b>14</b> Mini Corn Dogs or Grilled Cheese Sandwich carrots fries blueberry crisp	<b>15</b> Pepperoni Pizza or Grilled Cheese Sandwich romaine salad veggies & dip apricots
<b>18</b> Crispy Chicken Sandwich or Chicken Quesadilla mixed veggies nacho chips & salsa pears	<b>19</b> Chocolate Chip Pancakes w/Sausage or Chicken Quesadilla carrots & dip potato wedges apple slices	<b>20</b> Penne w/ Meatballs & Garlic Breadstick or Chicken Quesadilla corn peaches	<b>21</b> Beef Taco or Chicken Quesadilla baked beans fries peach crisp	<b>22</b> Cheese Pizza or Chicken Quesadilla romaine salad veggies & dip applesauce
<b>25</b> <b>No School</b>	<b>26</b> <b>No School</b>	<b>27</b> <b>No School</b>	<b>38</b> <b>Happy Thanksgiving</b>	<b>29</b> <b>No School</b>
<b>2</b> Chicken Nuggets or BBQ Pork Sandwich mixed vegetables nacho chips & salsa pears	<b>3</b> French Toast w/ Sausage or BBQ Pork Sandwich carrots & dip diced potatoes strawberries	<b>4</b> Ultimate Chicken Nacho or BBQ Pork Sandwich black beans and rice broccoli peaches	<b>5</b> Cheese Breadsticks or BBQ Pork Sandwich green beans sweet potato fries blueberry crisp	<b>6</b> Pepperoni Pizza or BBQ Pork Sandwich romaine salad veggies & dip mixed fruit

Please make checks out to:

"St Helen"

**All Student lunches  
 come with:  
 1% white milk or skim  
 flavored milk**

### Salads

*Crispy Chicken, Chef,  
 Grilled Chicken or  
 Taco Salad....\$ 4.00*

### A La Carte

*Ice Cream Novelty .95  
 Assorted Milk .80  
 \* Cheeseburger 2.00  
 Assorted Snacks .60- 1.00*

### Seasonal Fruit for November:

**Seasonal Fresh Fruit**  
  
 Call Cindy @ 440-564-7125 or  
 email at [cwozniak@sthelen.com](mailto:cwozniak@sthelen.com)  
 With any questions that you may  
 have.

\* All ground beef is local pasture  
 raised provided by Voytko Farms.

This institution is an equal  
 opportunity provider.