

2020

St. Helen Lunch Menu for Aug./Sept.

Lunch Prices

Student.....\$3.50

Adult \$

Please make checks out to:

"St Helen School"

**All Student lunches
come with:
1% white milk or skim
flavored milk**

Salads

*Crispy Chicken, Chef,
Grilled Chicken or
Taco Salad....\$3.50*

A La Carte

*Assorted Milk .75
Cheeseburger 1.75*

Seasonal Fruit for September:

Watermelon

Call Cindy @ 440-564-7125 or
email at cwozniak@sthelen.com
With any questions that you may
have.

This institution is an equal
opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
24	25	26	27	28
		Ultimate Beef Nacho or BBQ Pork Sandwich red beans & rice broccoli applesauce	Crispy Chicken Sandwich or BBQ Pork Sandwich baked beans fries cherry crisp	Cheese Pizza or BBQ Pork Sandwich romaine salad veggies & dip mixed fruit
31	1	2	3	4
Chicken Nuggets or Chicken Fajita green beans nacho chips & salsa peaches	Pancakes w/Canadian Bacon or Chicken Fajita carrots & dip potato triangles apple slices	Spaghetti w/ Meatsauce & Garlic Breadstick or Chicken Fajita carrots pears	No School	No School
7	8	9	10	11
No School	Waffles w/ Sausage or Hot Ham Sandwich carrots & dip diced potatoes strawberries	Penne w/ Meatballs & Garlic Breadstick or Hot Ham Sandwich corn peaches	Cheese Breadsticks or Hot Ham Sandwich chickpea salad sweet potato fries blueberry crisp	Pepperoni Pizza or Hot Ham Sandwich romaine salad veggies & dip applesauce
14	15	16	17	18
Popcorn Chicken or Chicken Quesadilla green beans mashed potato & gravy peaches	Chocolate Chip Pancakes w/ Canadian Bacon or Chicken Quesadilla carrots & dip potato triangles apple slices	Ultimate Chicken Nacho or Chicken Quesadilla red beans and rice broccoli pears	Chicken Parm Sandwich or Chicken Quesadilla carrots tator tots peach crisp	Cheese Pizza or Chicken Quesadilla romaine salad veggies & dip mixed fruit
21	22	23	24	25
Chicken Strips or Chicken Salad Sandwich green beans cinnamon chips fruit salsa	French Toast w/ Sausage or Chicken Salad Sandwich carrots & dip diced potato strawberries	Rotini w/ Meatballs & Garlic Breadstick or Chicken Salad Sandwich peas apricots	Loaded Baked Potato or Chicken Salad Sandwich baked beans fries cherry crisp	Pepperoni Pizza or Chicken Salad Sandwich romaine salad veggies & dip mixed fruit

