

2018



St. Helen Lunch Menu for September

Lunch Prices

Student.....\$3.50

Adult.....\$

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Labor Day No School	4 Pancakes w/Canadian Bacon or Chicken Salad Sandwich carrots & dip potato roasters apple slices	5 Spaghetti w/ Meatsauce & Garlic Breadstick or Chicken Salad Sandwich carrots pears	6 Cheeseburger or Chicken Salad Sandwich chickpea salad tator tots peach crisp	7 Grandparents Day Cheese Pizza romaine salad veggies & dip mixed fruit <i>(only pizza will be served today)</i>
10 Chicken Nuggets or Chicken Quesadilla green beans carrots peaches	11 Parent Night French Toast w/ Sausage Patty or Chicken Quesadilla carrots & dip potato wedges strawberries	12 Ultimate Chicken Nacho or Chicken Quesadilla red beans and rice corn pears	13 Mini Corn Dogs or Chicken Quesadilla baked beans fries cherry crisp	14 Pepperoni Pizza or Chicken Quesadilla romaine salad veggies & dip apricots
17 Chicken Strips or BBQ Pork Sandwich green beans nacho chips & salsa apricots	18 Chocolate Chip Pancakes w/ Canadian Bacon or BBQ Pork Sandwich carrots & dip potato roasters apple slices	19 Penne w/ Meatballs & Garlic Breadstick or BBQ Pork Sandwich carrots peaches	20 Pepperoni Breadsticks or BBQ Pork Sandwich chickpea salad sweet potato fries apricot crisp	21 Cheese Pizza or BBQ Pork Sandwich romaine salad veggies & dip mixed fruit
24 Popcorn Chicken or Chicken Wrap green beans mashed potato & gravy pears	25 Waffles w/ Sausage Patty or Chicken Wrap carrots & dip potato wedges strawberries	26 Rotini w/ Meatballs & Garlic Breadstick or Chicken Wrap peas pears	27 Crispy Chicken Sandwich or Chicken Wrap baked beans mac & cheese peach crisp	28 Pepperoni Pizza or Chicken Wrap romaine salad veggies & dip mixed fruit
1 Chicken Strips or Chicken Fajita green beans nacho chips & salsa apricots	2 Pancakes w/Canadian Bacon or Chicken Fajita carrots & dip potato roasters apple slices	3 Ultimate Beef Nacho or Chicken Fajita red beans & rice corn pears	4 Cheeseburger or Chicken Fajita baked beans fries cherry crisp	5 Cheese Pizza or Chicken Fajita romaine salad veggies & dip mixed fruit

All Student lunches come with:
1% white milk or skim flavored milk

Salads
Crispy Chicken, Chef, Grilled Chicken or Taco Salad...\$3.50

A La Carte
*Ice Cream Novelty .85- 1.00
Assorted Milk .75
Spicy or Regular Chicken Sandwich 1.75
Assorted Snacks .50- 1.00*

Seasonal Fruit for September:

watermelon

Call Cindy @ 440-564-7125 or email at cwozniak@sthelen.com
With any questions that you may have.

This institution is an equal opportunity provider