

# 2021



## St. Helen Lunch Menu for Sept/Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>20</b> Popcorn Chicken or Chicken Fajita green beans mashed potato & gravy apricots	<b>21</b> Pancakes w/Canadian Bacon or Chicken Fajita carrots & dip potato triangle apple slices	<b>22</b> Spaghetti w/ Meatsauce & Garlic Breadstick or Chicken Fajita carrots pears	<b>23</b> Crispy Chicken Sandwich or Chicken Fajita baked beans tater tots peach crisp	<b>24</b> Cheese Pizza or Chicken Fajita romaine salad veggies & dip peaches
<b>27</b> Chicken Nuggets or Grilled Cheese Sandwich green beans nacho chips & salsa pears	<b>28</b> Waffles w/ Sausage or Grilled Cheese Sandwich carrots & dip potato wedges strawberries	<b>29</b> Ultimate Beef Nacho or Grilled Cheese Sandwich red beans and rice broccoli peaches	<b>30</b> Mini Corn Dogs or Grilled Cheese Sandwich baked beans fries cherry crisp	<b>1</b> Pepperoni Pizza or Grilled Cheese Sandwich romaine salad veggies & dip applesauce
<b>4</b> Cheese Bread Sticks or Sloppy Joe Sandwich green beans tater tots apricots	<b>5</b> Chocolate Chip Pancakes w/ Canadian Bacon or Sloppy Joe Sandwich carrots & dip potato triangle apple slices	<b>6</b> Penne w/ Meatballs & Garlic Breadstick or Sloppy Joe Sandwich corn peaches	<b>7</b> Cheese Pizza or Sloppy Joe Sandwich romaine salad veggies & dip mixed fruit	<b>8</b> <b>No School</b>
<b>11</b> Chicken Strips or BBQ Pork Sandwich green beans/chickpea cinnamon chips fruit salsa	<b>12</b> French Toast w/ Sausage or BBQ Pork Sandwich carrots & dip potato wedges strawberries	<b>13</b> Ultimate Chicken Nacho or BBQ Pork Sandwich black beans and rice broccoli applesauce	<b>14</b> Pepperoni Bread Sticks or BBQ Pork Sandwich baked beans sweet potato fries peach crisp	<b>15</b> Pepperoni Pizza or BBQ Pork Sandwich romaine salad veggies & dip mixed fruit
<b>18</b> Popcorn Chicken or Chicken Quesadilla green beans mashed potatoes & gravy apricots	<b>19</b> Pancakes w/Canadian Bacon or Chicken Quesadilla carrots & dip potato triangle apple slices	<b>20</b> Rotini w/ Meatballs & Garlic Breadstick or Chicken Quesadilla peas pears	<b>21</b> Loaded Baked Potato w/corn bread or Chicken Quesadilla w/ nacho chips baked beans blueberry crisp	<b>22</b> Cheese Pizza or Chicken Quesadilla romaine salad veggies & dip mixed fruit

Lunch Prices

Student.....\$ \*FREE

Adult.....\$3.55 wo/drink

Please make checks out to:

"St Helen School"

**All Student lunches  
come with:**

1% white milk or skim  
flavored milk

**Salads**

*Crispy Chicken, Chef,  
Grilled Chicken or  
Taco Salad....\$ \*FREE*

**A La Carte**

Assorted Milk .75

Cheeseburger 1.75

*\*Student Lunches Are Free for  
this school year*

**Seasonal Fruit for October:**

**Seasonal Fresh Fruit**

Call Cindy @ 440-564-7125 or  
email at cwozniak@sthelen.com

With any questions that you may  
have.

This institution is an equal  
opportunity provider