

2019



St. Helen Lunch Menu for March

Lunch Prices

Student.....\$3.50

Adult.....\$

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Rotini w/ Meatballs & Garlic Breadstick or Hot Ham Sandwich green beans apricots	5 Pancakes w/Canadian Bacon or Hot Ham Sandwich carrots & dip potato triangle apple slices	6 Cheese Breadstick or Grilled Cheese Sandwich peas nacho chips & salsa peaches	7 Mini Corn Dogs or Hot Ham Sandwich baked beans tater tots blueberry snack cake	8 No School
11 Chicken Strips or Chicken Wrap green beans nacho chips & salsa pears	12 French Toast w/ Sausage Links or Chicken Wrap carrots & dip diced potatoes strawberries	13 Ultimate Beef Nacho or Chicken Wrap red beans & rice broccoli mixed fruit	14 Cheeseburger or Chicken Wrap chickpea salad fries apricot crisp	15 Cheese Pizza or Grilled Cheese Sandwich romaine salad veggies & dip applesauce
18 Chicken Nuggets or BBQ Pork Sandwich cinnamon chips green beans fruit salsa	19 Chocolate Chip Pancakes w/ Canadian Bacon or BBQ Pork Sandwich carrots & dip potato triangle apple slices	20 Spaghetti w/ Meatsauce & Garlic Breadstick or BBQ Pork Sandwich carrots peaches	21 Lucky Tray Day Pepperoni Breadsticks or BBQ Pork Sandwich baked beans sweet potato fries apple crisp	22 Cheese Pizza or Grilled Cheese Sandwich romaine salad veggies & dip apricots
25 Popcorn Chicken or Turkey Wrap mashed potatoes & gravy green beans peaches	26 Waffles w/ Sausage Links or Turkey Wrap carrots & dip tater tots strawberries	27 Ultimate Chicken Nacho or Turkey Wrap red beans & rice broccoli applesauce	28 Chicken Parmesan Sandwich or Turkey Wrap carrots fries cherry crisp	29 Cheese Pizza or Cheese Quesadilla romaine salad veggies & dip apricots
1 Cheese Breadstick or Chicken Quesadilla green beans nacho chips & salsa peaches	2 Pancakes w/Canadian Bacon or Chicken Quesadilla carrots & dip potato triangle apple slices	3 Penne w/ Meatballs & Garlic Breadstick or Chicken Quesadilla corn apricots	4 Mini Corn Dogs or Chicken Quesadilla baked beans tater tots peach crisp	5 Cheese Pizza or Grilled Cheese Sandwich romaine salad veggies & dip mixed fruit

All Student lunches come with:
1% white milk or skim flavored milk

Salads
Crispy Chicken, Chef, Grilled Chicken or Taco Salad....\$3.50

A La Carte
*Ice Cream Novelty .85- 1.00
Assorted Milk .75
Chicken Sandwich 1.75
Assorted Snacks .50- 1.00*

Seasonal Fruit for March:
oranges
Call Cindy @ 440-564-7125 or email at cwozniak@sthelen.com
With any questions that you may have.

This institution is an equal opportunity provider