

2019



St. Helen Lunch Menu for May

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| 29 | 30 | 1 | 2 | 3 |
| Chicken Strips or Chicken Wrap green beans nacho chips & salsa pears | French Toast w/ Sausage Links or Chicken Wrap carrots & dip potato triangle apple slices | Rotini w/Meatballs Garlic Bread or Chicken Wrap peas mixed fruit | Mini Corn Dogs or Chicken Fajita baked beans tater tots peach crisp | Cheese Pizza romaine salad veggies & dip watermelon |
| 6 | 7 | 8 | 9 | 10 |
| Chicken Strips or Chicken Wrap green beans nacho chips & salsa pears | French Toast w/ Sausage Links or Chicken Wrap carrots & dip potato triangle apple slices | Rotini w/Meatballs Garlic Bread or Chicken Wrap peas mixed fruit | Chicken Sandwich or Chicken Wrap chickpea salad fries cherry crisp | Pepperoni Pizza or Chicken Wrap romaine salad veggies & dip applesauce |
| 13 | 14 | 15 | 16 | 17 |
| Chicken Nuggets or BBQ Pork Sandwich cinnamon chips green beans fruit salsa | Field Day lunch provided by Boosters | Cheese Pizza or Chocolate Chip Pancake romaine salad veggies & dip applesauce | Pepperoni Breadsticks or BBQ Pork Sandwich baked beans sweet potato fries cherry crisp | Spaghetti w/ Meatsauce & Garlic Breadstick or BBQ Pork Sandwich carrots pears |
| 20 | 21 | 22 | 23 | 24 |
| Ultimate Beef Nacho or Popcorn Chicken green beans mashed potatoes & gravy peaches | Pancakes w/ Canadian Bacon or BBQ Pork Sandwich carrots & dip potato triangle strawberries | Cheese Breadstick or Turkey Wrap corn fries applesauce | Last Day of School Early Dismissal picnic lunch after school | |
| 27 | 28 | 29 | 30 | 31 |
| Have | A | Blessed | Safe | Summer |

Lunch Prices
 Student.....\$3.50
 Adult.....\$

All Student lunches come with:
 1% white milk or skim flavored milk

Salads
 Crispy Chicken, Chef,
 Grilled Chicken or
 Taco Salad....\$3.50

Ala Carte
 Ice Cream Novelty .85- 1.00
 Assorted Milk .75
 Chicken Sandwich 1.75
 Assorted Snacks .50- 1.00

Seasonal Fruit for May:
 Oranges

Call Cindy @ 440-564-7125 or email at cwozniak@sthelen.com
 With any questions that you may have.

This institution is an equal opportunity provider