

2023



St. Helen Lunch Menu for January

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
No School	Waffles w/ Sausage or Turkey Wrap carrots & dip potato wedges strawberries	Ultimate Chicken Nacho or Turkey Wrap black beans and rice peas peaches	Mini Corn Dogs or Turkey Wrap baked beans tater tots blueberry crisp	Pepperoni Pizza or Turkey Wrap romaine salad veggies & dip applesauce
9	10	11	12	13
Chicken Nuggets or Chicken Quesadilla mixed vegetables nacho chips & salsa mixed fruit	Chocolate Chip Pancakes w/ Sausage Links or Chicken Quesadilla carrots & dip potato triangle apple slices	Spaghetti w/*Meatsauce & Garlic Breadstick or Chicken Quesadilla corn apricots	Loaded Baked Potato or Chicken Quesadilla/w nacho chips baked beans cherry crisp	No School
16	17	18	19	20
No School	French Toast w/ Sausage or BBQ Pork Sandwich carrots & dip potato wedges strawberries	Penne w/ Meatballs & Garlic Breadstick or BBQ Pork Sandwich carrots apricots	Beef Taco* or BBQ Pork Sandwich baked beans corn apple crisp	Pepperoni Pizza or BBQ Pork Sandwich romaine salad veggies & dip peaches
23	24	25	26	27
Popcorn Chicken or Chicken Fajita green beans mashed potatoes & gravy applesauce	Pancakes w/Canadian Bacon or Chicken Fajita carrots & dip diced potatoes apple slices	Ultimate Beef Nacho* or Chicken Fajita black beans and rice broccoli peaches	Cheese Breadsticks or Chicken Fajita chickpea salad fries blueberry crisp	Cheese Pizza or Chicken Fajita romaine salad veggies & dip pears
30	31	1	2	3
Chicken Strips or Grilled Cheese mixed vegetables sweet potato fries pears	Waffles w/ Sausage or Grilled Cheese carrots & dip potato wedges strawberries	Rotini w/ Meatballs & Garlic Breadstick or Grilled Cheese peas apricots	Crispy Chicken Sandwich or Grilled Cheese baked beans fries blueberry crisp	Pepperoni Pizza or Grilled Cheese romaine salad veggies & dip applesauce

Lunch Prices

Student.....\$3.50

Adult \$4.05

Please make checks out to:

"St Helen School"

All Student lunches

come with:

1% white milk or skim
flavored milk

Salads

*Crispy Chicken, Chef,
Grilled Chicken or
Taco Salad....\$ 3.50*

A La Carte

*Ice Cream Novelty .85
Assorted Milk .75
* Cheeseburger 1.75
Assorted Snacks .50- 1.00*

Seasonal Fruit for January:

Seasonal Fresh Fruit

Call Cindy @ 440-564-7125 or
email at cwozniak@sthelen.com
With any questions that you may
have.

*All ground beef is local pasture raised
provided by Voytko Farms.

This institution is an equal
opportunity provider