

2024



St. Helen Lunch Menu for Jan./Feb.

Lunch Prices
 Student.....\$4.00
 Adult.....\$4.85

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
22 Chicken Nuggets or Chicken Fajita green beans/chickpea nacho chips & salsa pears	23 Chocolate Chip Pancakes w/ Sausage or Chicken Fajita carrots & dip diced potatoes apple slices	24 Spaghetti w/*Meatsauce & Garlic Breadstick or Chicken Fajita corn applesauce	25 Beef Taco* or Chicken Fajita carrots fries blueberry crisp	26 Cheese Pizza or Chicken Fajita romaine salad veggies & dip peaches
29 Popcorn Chicken or Grilled Cheese Sandwich mixed vegetables mashed potato & gravy peaches	30 French Toastw/Sausage or Grilled Cheese Sandwich carrots & dip potato wedges strawberries	31 Ultimate Beef Nacho or Grilled Cheese Sandwich rice & beans broccoli applesauce	1 Chicken Parm Sandwich or Grilled Cheese Sandwich baked beans nacho chips & salsa apple crisp	2 Pepperoni Pizza or Grilled Cheese Sandwich veggies & dip romaine apricots
5 Chicken Strips or BBQ Pork Sandwich green beans/chickpeas sweet potato fries pears	6 Pancakes w/ Sausage or BBQ Pork Sandwich carrots & dip potato triangles applesauce	7 Rotini w/ Meatballs & Garlic Breadstick or BBQ Pork Sandwich peas apricots	8 Mini Corn Dogs or BBQ Pork Sandwich corn mac & cheese peach crisp	9 Pepperoni Pizza or BBQ Pork Sandwich romaine salad veggies & dip peaches
12 Chicken Nuggets or Chicken Quesadilla green beans nacho chips & salsa pears	13 Waffles w/ Sausage or Chicken Quesadilla carrots & dip diced potatoes strawberries	14 Ash Wednesday Cheese Breadstick or Cheese Quesadilla peas fries mixed fruit	15 Cheese Pizza or Chicken Quesadilla veggies & dip romaine applesauce	16 No School
19 No School	20 Chocolate Chip Pancake w/ Sausage or Turkey Wrap carrots & dip potato wedges apple slices	21 Ultimate Chicken Nacho or Turkey Wrap black beans and rice broccoli peaches	22 Crispy Chicken Sandwich or Turkey Wrap carrots tater tots blueberry crisp	23 Cheese Pizza or Grilled Cheese Sandwich romaine salad veggies & dip applesauce

Please make checks out to:
 "St Helen School"

**All Student lunches
 come with:
 1% white milk or skim
 flavored milk**

Salads
*Crispy Chicken, Chef,
 Grilled Chicken or
 Taco Salad....\$ 4.00*

A La Carte
*Ice Cream Novelty .95
 Assorted Milk .80
 * Cheeseburger 2.00
 Assorted Snacks .60- 1.00*

Seasonal Fruit for December:
Seasonal Fresh Fruit
 Call Cindy @ 440-564-7125 or
 email at cwozniak@sthelen.com
 With any questions that you may
 have.

*All ground beef is local pasture raised
 provided by Voytko Farms.
 This institution is an equal
 opportunity provider