

St. Helen Lunch Menu for Dec./Jan.

Lunch Prices Student.....\$4.00 Adult......\$4.85

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Please make checks out to:
11	12	13	14	15	"St Helen School"
Chicken Nuggets	Chocolate Chip Pancakes	Spaghetti w/*Meatsauce	Beef Taco*	Cheese Pizza	All Student lunches
or	w/ Sausage Links or	& Garlic Breadstick	or	or	
Chicken Fajita	Chicken Fajita	or	Chicken Fajita	Chicken Fajita	come with:
green beans	carrots & dip	Chicken Fajita	carrots	romaine salad	1% white milk or skim
nacho chips & salsa	diced potatoes	corn	fries	veggies & dip	
pears	apple slices	applesauce	blueberry crisp	peaches	flavored milk
18	19	20	21	22	Salads
Popcorn Chicken	Cheese Pizza				Crispy Chicken, Chef,
or	or	Christmas Dinner	Merry	Happy New Year	
Sloppy Joe Sandwich	Sloppy Joe Sandwich		Christmas		Grilled Chicken or
green beans	carrots & dip				Taco Salad\$ 4.00
mashed potato & gravy peaches	romaine salad strawberries				
peaches					
1	2	3	4	5	A La Carte
			Loaded Baked Potato	Pepperoni Pizza	Ice Cream Novelty .95
No School	No School	No School	or	or	Assorted Milk .80
			Crispy Chicken Wrap/w	Crispy Chicken Wrap	* Cheesebuger 2.00
			nacho chips baked beans	romaine salad	Assorted Snacks .60- 1.00
			peach crisp	veggies & dip pears	
8	9	10	11	12	Seasonal Fruit for December:
Chicken Strips	Pancakes w/Canadian	Penne w/ Meatballs &	Mini Corn Dog	Cheese Pizza	Seasonal Fresh Fruit
Or DDO Dork Condusiah	Bacon or	Garlic Breadstick	Or DDO Dark Candwich	Or DDO Dork Condusish	
BBQ Pork Sandwich green beans	BBQ Pork Sandwich carrots & dip	or BBQ Pork Sandwich	BBQ Pork Sandwich baked beans	BBQ Pork Sandwich romaine salad	Call Cindy @ 440-564-7125 or
sweet potato fries	diced potatoes	peas	fries	veggies & dip	email at cwozniak@sthelen.com
pears	apricots	mixed fruit	peach crisp	peaches	With any questions that you may
				·	have.
15	16	17	18	19	
No School	Waffles	Ultimate Chicken Nacho	Crispy Chicken Sandwich	Pepperoni Pizza	*All ground beef is local pasture raised
	w/ Sausage or Turkey Wrap	or Turkey Wrap	or Turkey Wrap	or Turkey Wrap	provided by Voytko Farms.
	carrots & dip	black beans and rice	baked beans	romaine salad	
	potato wedges	broccoli	tater tots	veggies & dip	This institution is an equal
	strawberries	peaches	blueberry crisp	applesauce	opportunity provider
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