

2021



St. Helen Lunch Menu for Jan./Feb.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 Popcorn Chicken or Chicken Fajita green beans mashed potatoes & gravy apricots	26 Waffles w/ Sausage or Chicken Fajita carrots & dip diced potatoes strawberries	27 Spagetti w/ Meatsauce & Garlic Breadstick or Chicken Fajita corn peaches	28 Loaded Baked Potato w/corn bread or Chicken Fajita w/nacho chips baked beans blueberry crisp	29 Pepperoni Pizza or Chicken Fajita romaine salad veggies & dip mixed fruit
1 Chicken Nuggets or BBQ Pork Sandwich green beans nacho chips & salsa pears	2 Chocolate Chip Pancakes w/ Canadian Bacon or BBQ Pork Sandwich carrots & dip potato wedges apple slices	3 Ultimate Beef Nacho or BBQ Pork Sandwich red beans and rice broccoli apricots	4 Crispy Chicken Sandwich or BBQ Pork Sandwich baked beans sweet potato fries peach crisp	5 Cheese Pizza or BBQ Pork Sandwich romaine salad veggies & dip applesauce
8 Chicken Parm Sandwich or Sloppy Joe Sandwich green beans fries applesauce	9 French Toast w/ Sausage or Sloppy Joe Sandwich carrots & dip diced potatoes strawberries	10 Rotini w/ Meatballs & Garlic Breadstick or Sloppy Joe Sandwich peas peaches	11 Mini Corn Dogs or Sloppy Joe Sandwich baked beans nacho chips & salsa cherry crisp	12 Pepperoni Pizza or Sloppy Joe Sandwich romaine salad veggies & dip mixed fruit
15 No School President's Day	16 Pancakes w/Canadian Bacon or Grilled Cheese Sandwich carrots & dip potato triangle apple slices	17 Ash Wednesday Cheese Breadsticks w/ Pizza Sauce or Grilled Cheese Sandwich corn pears	18 Penne w/ Meatballs & Garlic Breadstick or Grilled Cheese Sandwich carrots peaches	19 Cheese Pizza or Grilled Cheese Sandwich romaine salad veggies & dip mixed fruit
22 Chicken Strips or Chicken Quesadilla green beans/chickpeas cinnamon chips fruit salsa	23 Waffles w/ Sausage or Chicken Quesadilla carrots & dip diced potatoes strawberries	24 Ultimate Beef Nacho or Chicken Quesadilla black beans and rice broccoli applesauce	25 Crispy Chicken Sandwich or Chicken Quesadilla carrots fries blueberry crisp	26 Cheese Pizza or Grilled Cheese Sandwich romaine salad veggies & dip mixed fruit

Lunch Prices

Student.....\$ *FREE

Adult.....\$3.55 wo/drink

Please make checks out to:

"St Helen School"

**All Student lunches
come with:
1% white milk or skim
flavored milk**

Salads

*Crispy Chicken, Chef,
Grilled Chicken or
Taco Salad....\$ *FREE*

A La Carte

*Assorted Milk .75
Cheeseburger 1.75
*Student Lunches Are Free
Until the end of the school year.*

Seasonal Fruit for October:

Seasonal Fresh Fruit

Call Cindy @ 440-564-7125 or
email at cwozniak@sthelen.com
With any questions that you may
have.

This institution is an equal
opportunity provider