

# 2022



## St. Helen Lunch Menu for Nov./Dec.

Lunch Prices

Student....\$3.50

Adult \$4.05

Please make checks out to:

"St Helen School"

**All Student lunches**

**come with:**

1% white milk or skim  
flavored milk

### Salads

*Crispy Chicken, Chef,  
Grilled Chicken or  
Taco Salad....\$ 3.50*

### A La Carte

*Ice Cream Novelty .85  
Assorted Milk .75  
\* Cheeseburger 1.75  
Assorted Snacks .50- 1.00*

### Seasonal Fruit for December:

**Seasonal Fresh Fruit**

Call Cindy @ 440-564-7125 or  
email at [cwozniak@sthelen.com](mailto:cwozniak@sthelen.com)  
With any questions that you may  
have.

\*All ground beef is local pasture raised  
provided by Voytko Farms.

This institution is an equal  
opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>28</b>	<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>
Chicken Nuggets or Chicken Fajita mixed vegetables nacho chips & salsa pears	Chocolate Chip Pancakes w/ Sausage Links or Chicken Fajita carrots & dip potato triangle apple slices	Spaghetti w/*Meatsauce & Garlic Breadstick or Chicken Fajita corn applesauce	Crispy Chicken Sandwich or Chicken Fajita baked beans fries blueberry crisp	Cheese Pizza or Chicken Fajita romaine salad veggies & dip peaches
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Popcorn Chicken or Chicken Quesadilla green beans mashed potatoes & gravy peaches	French Toast w/ Sausage or Chicken Quesadilla carrots & dip potato wedges strawberries	Ultimate Beef Nacho* or Chicken Quesadilla black beans and rice broccoli applesauce	Loaded Baked Potato or Chicken Quesadilla/w nacho chips baked beans cherry crisp	Pepperoni Pizza or Chicken Quesadilla romaine salad veggies & dip pears
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Chicken Strips or BBQ Pork Sandwich mixed vegetables sweet potato fries pears	Pancakes w/Canadian Bacon or BBQ Pork Sandwich carrots & dip diced potatoes apple slices	Penne w/ Meatballs & Garlic Breadstick or BBQ Pork Sandwich peas peaches	Beef Taco* or BBQ Pork Sandwich baked beans veggies & dip applesauce	Christmas Dinner
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
No School	Merry Christmas	and	Happy New Year	No School
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
No School	Waffles w/ Sausage or Turkey Wrap carrots & dip potato wedges strawberries	Ultimate Chicken Nacho or Turkey Wrap black beans and rice peas peaches	Mini Corn Dogs or Turkey Wrap baked beans tater tots blueberry crisp	Pepperoni Pizza or Turkey Wrap romaine salad veggies & dip applesauce