

2023



St. Helen Lunch Menu for April

Lunch Prices

Student.....\$3.50

Adult \$4.05

Please make checks out to:

"St Helen School"

All Student lunches come with:
1% white milk or skim flavored milk

Salads

Crispy Chicken, Chef, Grilled Chicken or Taco Salad....\$ 3.50

A La Carte

*Ice Cream Novelty .85
Assorted Milk .75
* Cheeseburger 1.75
Assorted Snacks .50- 1.00*

Seasonal Fruit for February:

Seasonal Fresh Fruit

Call Cindy @ 440-564-7125 or email at cwozniak@sthelen.com
With any questions that you may have.

*All ground beef is local pasture raised provided by Voytko Farms.

This institution is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17 Chicken Strips or Grilled Cheese Sandwich green beans chips & salsa pears	18 French Toast w/Sausage or Grilled Cheese Sandwich carrots & dip diced potatoes strawberries	19 Rotini w/ Meatballs & Garlic Breadstick or Grilled Cheese Sandwich peas peaches	20 Loaded Baked Potato /w cornbread & chili or Grilled Cheese/w fries baked beans blueberry crisp	21 Cheese Pizza or Grilled Cheese romaine salad veggies & dip applesauce
24 Chicken Nuggets or Chicken & Dumplings green beans mac & cheese mixed fruit	25 Chocolate Chip Pancakes w/Canadian Bacon or Chicken & Dumplings carrots & dip potato triangle apple slices	26 Ultimate Beef Nacho* or Chicken & Dumplings black beans and rice broccoli apricots	27 Cheese Breadstick or Chicken & Dumplings baked beans sweet potato fries peach crisp	28 Pepperoni Pizza or Chicken & Dumplings romaine salad veggies & dip pears
1 Popcorn Chicken or Hot Dog green beans mashed potatoes & gravy applesauce	2 Waffles w/ Sausage or Hot Dog carrots & dip potato wedges strawberries	3 Penne w/ Meatballs & Garlic Breadstick or Hot Dog carrots apricots	4 Beef Taco* or Hot Dog baked beans corn apple crisp	5 Cheese Pizza or Hot Dog romaine salad veggies & dip peaches
8 Chicken Strips or BBQ Pork Sandwich green beans/chickpea salad cinnamon chips & fruit salsa	9 Pancakes w/Canadian Bacon or BBQ Pork Sandwich carrots & dip potato triangle apple slices	10 Ultimate Chicken Nacho or BBQ Pork Sandwich black beans and rice corn applesauce	11 Crispy Chicken Sandwich or BBQ Pork Sandwich baked beans fries peaches	12 Cheese Pizza or BBQ Pork Sandwich romaine salad veggies & dip pears
15 Chicken Nuggets or Chicken Quesadilla green beans chips and salsa mixed fruit	16 French Toast w/Sausage or Chicken Quesadilla carrots & dip diced potatoes strawberries	17 Spaghetti w/*Meatsauce & Garlic Breadstick or Chicken Quesadilla peas apricots	18 Mini Corn Dogs or Chicken Quesadilla baked beans carrots blueberry crisp	19 Cheese Pizza or Chicken Quesadilla romaine salad veggies & dip pears