

2022



St. Helen Lunch Menu for January

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 Chicken Strips or Sloppy Joe Sandwich green beans/chickpeas cinnamon chips fruit salsa	11 Waffles w/ Sausage or Sloppy Joe Sandwich carrots & dip potatoes wedges strawberries	12 Rotini w/ Meatballs & Garlic Breadstick or Sloppy Joe Sandwich carrots peaches	13 Loaded Baked Potato w/corn bread or Sloppy Joe w/ Fries baked beans blueberry crisp	14 Pepperoni Pizza or Sloppy Joe Sandwich romaine salad veggies & dip applesauce
17 No School	18 Chocolate Chip Pancakes w/ Canadian Bacon or Chicken Quesadilla carrots & dip potatoes wedges apple slices	19 Ultimate Beef Nacho or Chicken Quesadilla red beans and rice corn apricots	20 Crispy Chicken Sandwich or Chicken Quesadilla baked beans sweet potato fries peach crisp	21 Cheese Pizza or Chicken Quesadilla romaine salad veggies & dip applesauce
24 Popcorn Chicken or Chicken Fajita green beans mashed potatoes & gravy apricots	25 French Toast w/ Sausage or Chicken Fajita carrots & dip potatoes wedges strawberries	26 Spaghetti w/ Meatsauce & Garlic Breadstick or Chicken Fajita carrots pears	27 Mini Corn Dogs or Chicken Fajita baked beans tater tots cherry crisp	28 Pepperoni Pizza or Chicken Fajita romaine salad veggies & dip mixed fruit
31 Cheese Breadsticks or BBQ Pork Sandwich green beans sweet potato fries pears	1 Pancakes w/Canadian Bacon or BBQ Pork Sandwich carrots & dip potato triangle apple slices	2 Ultimate Chicken Nacho or BBQ Pork Sandwich red beans and rice broccoli apricots	3 Loaded Baked Potato w/corn bread or BBQ Pork Sandwich w/ Fries baked beans blueberry crisp	4 Cheese Pizza or BBQ Pork Sandwich romaine salad veggies & dip applesauce
7 Chicken Nuggets or Grilled Cheese Sandwich green beans nacho chips & salsa pears	8 Waffles w/ Sausage or Grilled Cheese Sandwich carrots & dip potatoes wedges strawberries	9 Penne w/ Meatballs & Garlic Breadstick or Grilled Cheese Sandwich peas peaches	10 Crispy Chicken Sandwich or Grilled Cheese Sandwich baked beans fries peach crisp	11 Pepperoni Pizza or Grilled Cheese Sandwich romaine salad veggies & dip applesauce

Lunch Prices

Student.....\$ *FREE

Adult.....\$3.55 wo/drink

Please make checks out to:

"St Helen School"

All Student lunches

come with:

1% white milk or skim
flavored milk

Salads

*Crispy Chicken, Chef,
Grilled Chicken or
Taco Salad....\$ *FREE*

A La Carte

*Assorted Milk .75
Cheeseburger 1.75
*Student Lunches Are Free
Until the end of the school year.*

Seasonal Fruit for October:

Seasonal Fresh Fruit

Call Cindy @ 440-564-7125 or
email at cwozniak@sthelen.com
With any questions that you may
have.

This institution is an equal
opportunity provider