

2022



St. Helen Lunch Menu for Aug./Sept.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15	16	17	18	19
		Ultimate Beef Nacho* or BBQ Pork Sandwich black beans & rice broccoli applesauce	Loaded Baked Potato/ Cornbread or BBQ Pork Sandwich/Fries baked beans cherry crisp	Cheese Pizza or BBQ Pork Sandwich romaine salad veggies & dip mixed fruit
22	23	24	25	26
Chicken Nuggets or Hot Dog green beans nacho chips & salsa peaches	Pancakes w/Canadian Bacon or Hot Dog carrots & dip potato triangles apple slices	Spaghetti w/ Meatsauce* & Garlic Breadstick or Hot Dog carrots pears	Mini Corn Dogs or Hot Dog baked beans fries peach crisp	Pepperoni Pizza or Hot Dog romaine salad veggies & dip apricots
29	30	31	1	2
Popcorn Chicken or Grilled Cheese Sandwich green beans mashed potatoes & gravy applesauce	Waffles w/ Sausage or Grilled Cheese Sandwich carrots & dip diced potatoes strawberries	Penne w/ Meatballs & Garlic Breadstick or Grilled Cheese Sandwich corn peaches	No School	No School
5	6	7	8	9
No School	Chocolate Chip Pancakes w/ Canadian Bacon or Chicken Quesadilla carrots & dip potato triangles apple slices	Ultimate Chicken Nacho or Chicken Quesadilla black beans and rice broccoli pears	Cheese Breadsticks or Chicken Quesadilla chickpea salad tater tots blueberry crisp	Cheese Pizza or Chicken Quesadilla romaine salad veggies & dip mixed fruit
12	13	14	15	16
Chicken Strips or Sloppy Joe Sandwich* green beans cinnamon chips fruit salsa	French Toast w/ Sausage or Sloppy Joe Sandwich* carrots & dip diced potato strawberries	Rotini w/ Meatballs & Garlic Breadstick or Sloppy Joe Sandwich* peas apricots	Beef Taco* or Sloppy Joe Sandwich* baked beans sweet potato fries cherry crisp	Pepperoni Pizza or Sloppy Joe Sandwich* romaine salad veggies & dip mixed fruit

Lunch Prices

Student.....\$3.50

Adult.....\$4.05

Please make checks out to:

"St Helen School"

All Student lunches

come with:

1% white milk or skim
flavored milk

Salads

*Crispy Chicken, Chef,
Grilled Chicken or
Taco* Salad....\$3.50*

A La Carte

*Ice Cream Novelty .85
Assorted Milk .75
* Cheeseburger 1.75
Assorted Snacks .50- 1.00*

Seasonal Fruit for September:

Watermelon

Call Cindy @ 440-564-7125 or
email at cwozniak@sthelen.com
With any questions that you may
have.

*All ground beef is local pasture
raised provided by Voytko Farms.

This institution is an equal
opportunity provider.

