

# 2018

# 🌲 St. Helen Lunch Menu for December

Lunch Prices

Student.....\$3.50

Adult.....\$

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|--|---|--|--|
| <b>26</b><br>Chicken Strips<br>or<br>Chicken Fajita<br>green beans<br>nacho chips & salsa<br>apricots   | <b>27</b><br>Pancakes w/Canadian<br>Bacon or<br>Chicken Fajita<br>carrots & dip<br>potato triangle<br>apple slices                   | <b>28</b><br>Penne w/ Meatballs &<br>Garlic Breadstick<br>or<br>Chicken Fajita<br>carrots<br>peaches    | <b>29</b><br>Mini Corn Dogs<br>or<br>Chicken Fajita<br>baked beans<br>tater tots<br>peach crisp  | <b>30</b><br>Pepperoni Pizza<br>or<br>Chicken Fajita<br>romaine salad<br>veggies & dip<br>mixed fruit                  |
| <b>3</b><br>Chicken Nuggets<br>or<br>Chicken Quesadilla<br>cinnamon chips<br>green beans<br>fruit salsa | <b>4</b><br>French Toast<br>w/ Sausage Links or<br>Chicken Quesadilla<br>carrots & dip<br>red skinned potatoes<br>strawberries       | <b>5</b><br>Ultimate Beef Nacho<br>or<br>Chicken Quesadilla<br>red beans & rice<br>broccoli<br>pears    | <b>6</b><br>Pepperoni Breadsticks<br>or<br>Chicken Quesadilla<br>carrots<br>fries<br>apricot crisp                                     | <b>7</b> Band Concert  |
| <b>10</b><br>Popcorn Chicken<br>or<br>Hot Ham Sandwich<br>green beans<br>mashed potato & gravy<br>pears | <b>11</b><br>Chocolate Chip Pancakes<br>w/ Canadian Bacon or<br>Hot Ham Sandwich<br>carrots & dip<br>potato triangle<br>apple slices | <b>12</b><br>Spaghetti w/ Meatsauce &<br>Garlic Breadstick<br>or<br>Hot Ham Sandwich<br>corn<br>peaches | <b>13</b> Lucky Tray Day<br>Chicken Parmesan<br>Sandwich or<br>Hot Ham Sandwich<br>chickpea salad<br>sweet potato fries<br>apple crisp | <b>14</b> Christmas Program<br>Pepperoni Pizza<br>or<br>Hot Ham Sandwich<br>romaine salad<br>veggies & dip<br>apricots |
| <b>17</b><br>Cheese Breadsticks<br>w/Pizza Sauce<br>or<br>Chicken Wrap<br>green beans<br>peaches        | <b>18</b><br>Waffles<br>w/ Sausage Links or<br>Chicken Wrap<br>carrots & dip<br>red skinned potatoes<br>strawberries                 | <b>19</b><br>Ultimate Chicken Nacho<br>or<br>Chicken Wrap<br>red beans & rice<br>corn<br>pears          | <b>20</b><br>Cheeseburger<br>or<br>Chicken Wrap<br>baked beans<br>fries<br>cherry crisp  | <b>21</b><br>Christmas Dinner  |
| <b>7</b><br>Chicken Strips<br>or<br>Turkey Wrap<br>green beans<br>nacho chips & salsa<br>apricots       | <b>8</b><br>Pancakes w/Canadian<br>Bacon or<br>Turkey Wrap<br>carrots & dip<br>potato triangle<br>apple slices                       | <b>9</b><br>Rotini w/ Meatballs &<br>Garlic Breadstick<br>or<br>Turkey Wrap<br>peas<br>peaches          | <b>10</b><br>Mini Corn Dogs<br>or<br>Turkey Wrap<br>baked beans<br>tater tots<br>peach crisp   | <b>11</b><br>Pepperoni Pizza<br>or<br>Turkey Wrap<br>romaine salad<br>veggies & dip<br>mixed fruit                     |

**All Student lunches  
come with:  
1% white milk or skim  
flavored milk**

**Salads**  
*Crispy Chicken, Chef,  
Grilled Chicken or  
Taco Salad....\$3.50*

**A La Carte**  
*Ice Cream Novelty .85- 1.00  
Assorted Milk .75  
Spicy or Regular Chicken  
Sandwich 1.75  
Assorted Snacks .50- 1.00*

**Seasonal Fruit for December:**  
oranges

Call Cindy @ 440-564-7125 or  
email at cwozniak@sthelen.com  
With any questions that you may  
have.

This institution is an equal  
opportunity provider