



**SAINT HELEN**  
CATHOLIC SCHOOL



# The Hornet's 5K Hustle & 1 Mile Fun Run/Walk

**Date: May 19, 2018**

**Time: 9:00 AM**

**Pre-register by May 12, 2018**

**Race day registration and packet pick-up starts at 7:30 AM**



**Entry Fees:**

\$10 for individuals/\$40 Family Rate (pre-registered)

\$15 for individuals/\$50 Family Rate (race day)

\$5 Tee-shirt fee (must be pre-registered by May 5<sup>th</sup> for shirt)

(Kids 10 and under and St. Helen's faculty & staff are FREE)

Fees to cover race expenses

**Prizes:**

Awards to the overall Male and Female and

Top 3 Males and Females in designated age groups

**5K Course through scenic trails with obstacles at:**

Punderson State Park

11755 Kinsman Road (RT.87)

Newbury, Ohio 44065

**Water Stop and Refreshments**

Questions? Please contact:

jodygrzywinski@sbcglobal.net

Mail or drop off completed form and check to: St. Helen School ~ 12060 Kinsman Road/ Newbury, Ohio 44065

Name/s: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Gender/Ages on Race Day: \_\_\_\_\_ 5K \_\_\_\_\_ 1m Fun Run/Walk \_\_\_\_\_

Shirt Size: YS \_\_\_ YM \_\_\_ YL \_\_\_ AS \_\_\_ AM \_\_\_ AL \_\_\_ AXL \_\_\_

Check total: \$ \_\_\_\_\_

(make payable to *St Helen School*)

In consideration of your accepting this entry, I hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against St. Helen Church, St. Helen School, Punderson State Park, all race sponsors, race directors, event organizers, and event volunteers, their respective representatives, employers, officers, directors, agents successors and assigns whether jointly or severally, resulting from any and all injuries suffered by me as a result of my participations in this event and its associated activities. I hereby assume all risk inherent participating in an activity such as this event. I further attest and certify that I am physically fit and am sufficiently trained for competition in this event.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent or guardian if under 18 years of age

\_\_\_\_\_  
Date